

# Team building, Away days & Well-being at Holt Hall



[www.norfolk.gov.uk/outdoorlearning](http://www.norfolk.gov.uk/outdoorlearning)

**A Victorian building set in 83 acres of woodland, lakes, lawns and gardens, Holt Hall is the perfect place to get away from it all. Escape the hurly burly of modern life and spend a day developing new skills and interests or just enjoying a new environment.**

## Team building and Away days

Whether your objective is to get to know each other better, improve your communication skills or to be more innovative, you will achieve much more if you get away to different surroundings and allow time for the process.

Our team days have a relaxed atmosphere and focus on providing participants with an enjoyable experience.



For more information please call 01263 713117 or email [sandra.stanway@norfolk.gov.uk](mailto:sandra.stanway@norfolk.gov.uk)

## Indoor activities

Activities include

- **Green Man** (1-1½ hours)  
Use the natural environment to inspire, create and decorate a Green Man clay mask
- **Energising/Relaxation yoga** (1 hour)  
Start your day with energising yoga to open your mind and body or finish the day with relaxation yoga including gentle stretches, breathing techniques and relaxation
- **Now Get Out Of That** (1-1½ hours)  
If you enjoy a challenge that is both mental and physical then NGOOT will definitely get you rolling. Attempt a series of challenges designed to get you thinking outside the box
- **Speed stacking** (1-1½ hours)  
If you think you are quick & precise with good hand to eye co-ordination then give this a go - you may be surprised. Using both sides of the brain and both hands, this event will guarantee laughs

## Outdoor activities

Activities include

- **Bushcraft & Survival Skills**  
Experience life in the wild. Includes shelter building, campfire cooking and survival skills
- **Now Get Out Of That** (1½-2 hours)  
Challenge yourself and your team mates to a series of activities designed to tax you both mentally and physically
- **Raft building** (1½-2 hours)  
Join the ranks of survival experts and design, construct and sail your own raft. Develop skills in knot tying, raft design and teamwork
- **Orienteering** (45 mins-1 hour)  
Find your way around our 83 acres using map and compass whilst collecting orienteering checkpoints
- **Geo-caching** (45 mins-1 hour)  
Enter the 21st century with this hi-tech game of hide and seek
- **Pond dipping** (1 hour)  
What lurks below the murky waters of Holt Hall lake? Get up close and personal with water invertebrates, identify and investigate using keys and microscopes
- **Conservation work** (1½-2 hours)  
Whether it's clearing overgrown paths, planting in the Victorian walled garden or working in the ancient woodland it all helps the environment
- **\*Sculptures** (1½ hours)  
Create minibeasts and other sculptures from recycled materials. \*Additional charge of £100
- **Roots and Shoots**  
Learn about growing organic fruit and veg or develop some gardening skills in the Victorian walled garden

**Holt Hall led team day** - includes refreshments on arrival, mid morning and mid afternoon, buffet lunch, activities and instructor

up to 20 delegates £45.00 pp  
up to 25 delegates £42.00 pp  
up to 30 delegates £36.50 pp

**Holt Hall led team day (no refreshments)** - includes activities and instructor

up to 20 delegates £26.00 pp  
up to 25 delegates £24.50 pp  
up to 30 delegates £20.50 pp

### Self-led days at Holt Hall

**premises only** - full day (7 hours). Maximum of 30 people  
**refreshments extra** - on arrival, mid morning, mid afternoon and buffet lunch

£425.00 per day  
up to 20 delegates £19.00 pp  
up to 25 delegates £17.50 pp  
up to 30 delegates £16.00 pp

**VAT chargeable in addition for non Norfolk County Council groups**



*Can your team  
survive in the  
'wild woods' of  
Holt Hall?*

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